



Menu for the week of

12/4/2017

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12/8/2017

	12/4/2017 Monday	12/5/2017 Tuesday	12/6/2017 Wednesday	12/7/2017 Thursday	12/8/2017 Friday
Soup	Chicken & Dumpling	Beef Stew	Homemade Chili	Gumbo	Chicken Noodle
Chef's Entree	Chicken Alfredo w/ Garlic Breadstick	Taco Tuesday (Baja Fish Tacos) w/ Cilantro Rice	Chicken Fried Rice w/ Egg Roll	Chopped Steak w/ Mashed Potatoes	Pepperoni-Cheese Pizza Day served with Fresh Melon
Kids Pick	Grilled Hamburgers w/ Curly Fries	Chicken Tenders w/ Mash Potatoes	Ultimate Grilled Cheese w/ Tomato Soup and Baked Chips	Corn Dog w/ Mac & Cheese	Pasta w/ Marinara
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Italian Button Mushrooms	Side Salad	Steamed Asian Veggies	Peas & Carrots	Caesar Salad
Deli Sandwich	Turkey & Swiss Wrap	*****	BLT	*****	*****
Baked Potatoes	Chicken Caesar Salad	Trio Salad - Greens w/ Tuna, Chicken and Fruit	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
Beverage Bar	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Pudding	Yellow Cake	Cookies	Apple Cobbler	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

