



Menu for the week of

11/13/2017

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11/17/2017

	11/13/2017 Monday	11/14/2017 Tuesday	11/15/2017 Wednesday	11/16/2017 Thursday	11/17/2017 Friday
Soup					
Chef's Entree	Parmesan Crusted Tilapia w/ Roasted Potatoes	Thanksgiving Feast: Turkey, Dressing, Green Bean Casserole etc.	Orange Chicken w/ Egg Roll & Steamed Rice	Beef and Cheese Enchiladas w/ Pinto Beans	Grandparents Day
Kids Pick	Grilled Burgers w/ Curly Fries	Honey Glazed Ham w/ Mashed Potatoes & Mustard Greens	Ultimate Grilled Cheese w/ Tomato Soup and Baked Chips	Corn Dog w/ Mac & Cheese	
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	
Fresh Vegetables	Side Salad	Sauteed Spinach	Edamame	Steamed Carrots	
Deli Sandwich	Turkey & Swiss Wrap	*****	BLT	*****	
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	
Beverage Bar	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	
Dessert	Cookies	Pumpkin Pie	Peaches	Chocolate Brownie	

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.
 Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25
 This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE