



Menu for the week of

11/27/2017

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12/1/2017

| | 11/27/2017 Monday | 11/28/2017 Tuesday | 11/29/2017 Wednesday | 11/30/2017 Thursday | 12/1/2017 Friday |
|-------------------------|--|--|--|--|--|
| Soup | | | | | Chicken Noodle |
| Chef's Entree | Baked Salmon w/ Roasted Potatoes | Taco Tuesday (Beef or Chicken Fajitas) w/ Spanish Rice | Brunch for Lunch | Sweet & Sour Chicken w/ Egg Roll | Pepperoni-Cheese Pizza Day served with Fresh Melon |
| Kids Pick | Crispy Chicken Club w/ Baked Chips | Flat Bread Bruschetta | Chicken Nuggets w/ Tater Tots | Beef Hot Dogs w/ Mac & Cheese | Alfredo Pasta |
| Kid Pick Sides | Carrot, Celery, Cucumbers or Fruit Cup | Carrot, Celery, Cucumbers or Fruit Cup | Carrot, Celery, Cucumbers or Fruit Cup | Carrot, Celery, Cucumbers or Fruit Cup | Carrot, Celery, Cucumbers or Fruit Cup |
| Fresh Vegetables | Broccoli Normandy | Side Salad | Sweet Corn | Edamame | Caesar Salad |
| Deli Sandwich | Wow Butter & Jelly | Turkey & Swiss Wrap | Grilled Chicken Wrap | BLT | ***** |
| Baked Potatoes | Served Daily with Cheddar Cheese, Bacon bits and Sour Cream | Served Daily with Cheddar Cheese, Bacon bits and Sour Cream | Served Daily with Cheddar Cheese, Bacon bits and Sour Cream | Served Daily with Cheddar Cheese, Bacon bits and Sour Cream | Served Daily with Cheddar Cheese, Bacon bits and Sour Cream |
| Salad Bar | Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar | Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). | Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar | Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). | No Salad Bar Today |
| Beverage Bar | 100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water | 100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water | 100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water | 100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water | 100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water |
| Dessert | Cookies | Yellow Cake | Peaches | Apple Cobbler | Ice Cream |

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE