



Menu for the week of

1/8/2018

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1/12/2018

	1/8/2018 Monday	1/9/2018 Tuesday	1/10/2018 Wednesday	1/11/2018 Thursday	1/12/2018 Friday
Soup	Chicken & Rice	Baked Potato Soup	Chicken & Dumpling	Homemade Texas Chili	Chicken Noodle
Chef's Entree	Grilled Chicken Strips w/ Lemon Herbed Rice	Taco Tuesday (Crispy Beef Tacos) w/ Spanish Rice	Spaghetti w/ Meat Sauce & Garlic Breadstick	BBQ Chicken w/ Mac & Cheese	Pepperoni-Cheese Pizza Day served with Fresh Melon
Kids Pick	Grilled Hamburgers w/ Curly Fries	Chicken Tenders w/ Mashed Potatoes	Ultimate Grilled Cheese w/ Tomato Soup and Baked Chips	Corn Dog w/ Tater Tots	Pasta w/ Marinara
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Steamed Broccoli	Peas & Carrots	Side Salad	Green Beans	Caesar Salad
Deli Sandwich	Wow Butter & Jelly	*****	Grilled Chicken Wrap	*****	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham)	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
Beverage Bar	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Chocolate Brownie	Yellow Cake	Banana Pudding	Jello	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

