



# Menu for the week of

**2/12/2018**

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**2/16/2018**

	<b>2/12/2018 Monday</b>	<b>2/13/2018 Tuesday</b>	<b>2/14/2018 Wednesday</b>	<b>2/15/2018 Thursday</b>	<b>2/16/2018 Friday</b>
<b>Soup</b>	Broccoli & Cheddar	Baked Poatato Soup	Chicken & Rice	Vegetable Beef Soup	Chicken Noodle
<b>Chef's Entree</b>	Pasta Bar: Penne or Fettuccine, Alfredo or Marinara - Breadsticks	Chicken Enchiladas w/ Tomatillo Sauce and Spanish Rice	Brunch for Lunch	Pot Roast w/ Mashed Potatoes	Pepperoni-CheesePizza Day served with Fresh Melon
<b>Kids Pick</b>	Crispy Chicken Club w/ Baked Chips	Flat Bread Bruschetta	Beef Hot Dogs w/ Mac & Cheese	Chicken Nuggets w/ Tater Tots	Alfredo Pasta
<b>Kid Pick Sides</b>	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
<b>Fresh Vegetables</b>	Steamed Broccoli	Side Salad	Sweet Peas	Steamed Carrots & Onions	Caesar Salad
<b>Deli Sandwich</b>	Turkey & Swiss Wrap	*****	BLT	*****	*****
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Salad Bar</b>	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
<b>Beverage Bar</b>	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>	Chocolate Pudding	Yellow Cake	Sliced Peaches	Chocolate Brownie	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

Dessert can be: Fruit, Cookie, Cake, Pudding, Yellow Cake or Brownie

A la Carte Items Include: Any Dessert Item. Fresh Fruit, Cheese Stick, Yogurt or Veggie Cup

Payment Options: Credit cards (no AMEX), cash or check. Payments can be made in cafeteria or dropped off at front office.



**DINING SERVICE**