



Menu for the week of

5/22/2017

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5/26/2017

	5/22/2017 Monday	5/23/2017 Tuesday	5/24/2017 Wednesday	5/25/2017 Thursday	5/26/2017 Friday
Soup	Ham & Bean Soup	Taco Soup	Vegetable Beef Soup	Tomato Soup	
Chef's Entree	Homemade Beef Lasagna w/ Side Salad	Taco Tuesday: Crispy Beef Tacos w/ Charro Beans	Chicken Fried Rice w/ Egg Rolls	Spaghetti & Meatballs w/ Garlic Breadstick	
Kids Pick	Baja Fish Tacos w/ Carribbean Rice	Fried Catfish w/ Hush Puppies	Chicken Nuggets w/ Curly Fries	Ultimate Grilled Cheese w/ Tomato Soup & Fruit	
Fresh Vegetables	Steamed Veggie Medley	Steamed Broccoli	Steamed Asian Veggies	Italian Veggie Medley	
Deli Sandwich	Grilled Chicken Wrap	Ham & Cheese	Turkey Club	Roast Beef & Cheddar	
Healthy Choice	Chef's Salad w/ Turkey & Ham	Chicken Caesar Salad	Spinach Salad w/ Berries	Taco Salad	
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	
Beverages:	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	
Ala Carte Items:	JellO / Pudding Cup - \$1 Yogurt Cup - \$1 May be Substituted for Dessert Option.	Fresh Fruit: Strawberries, Grapes, Pineapple, Watermelon, Peaches, Cantaloupe - \$1	Side Salad: Fresh Garden Salad Offered Daily - \$1	Pasta Salad - Chef's Choice Veggie Medley - \$1	Fruit or Salad Choices May be Substituted for Daily Vegetable Option.
Dessert	Yellow Cake	Rice Krispie Treats	Chocolate Brownies	Cookies	

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$4.90 1st through 3rd Grades \$5.50 and 4th through 8th Grades \$6.05

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

