Menu for the week of

5/15/2017 - 5/19/2017

	5/15/2017 Monday	5/16/2017 Tuesday	5/17/2017 Wednesday	5/18/2017 Thursday	5/19/2017 Friday
Soup	Chicken & Dumpling Soup	Ham & Bean Soup	Broccoli & Cheese Soup	Minestrone Soup	Chicken Noodle
Chef's Entree	**Grilled Bacon Cheeseburgers w/ Waffle Fries**	**Breakfast Tacos: Potato & Egg, Bacon & Egg, Chorizo, Barbacoa**	**Baked Herb Chicken w/ Corn on the Cob**	**Pasta Bar: Penne or Fettuccini, Marinara or Alfredo w/ Breadstick**	**Pepperoni-Cheese Pizza Served with Fresh Melon**
Kids Pick	**Beef Quesadillas w/ Spanish Rice**	**Cheese Ravioli w/ Side Salad**	**Meatball Sub w/ Baked Chips**	**Vegetable Lasagna w/ Garlic Breadstick**	**Grilled Chicken Wrap w/ Baked Chips**
Fresh Vegetables	**Steamed Veggie Medley**	**Green Beans**	**Peas & Carrots**	**Italian Veggie Medley**	**Carrot / Celery Sticks**
Deli Sandwich	**Grilled Chicken Wrap**	**Ham & Cheese**	**Turkey Club**	**Roast Beef & Cheddar**	**Tuna Salad Hoagie**
Healthy Choice	**Chef's Salad w/ Turkey & Ham**	**Chicken Caesar Salad**	**Spinach Salad w/ Beries**	**Taco Salad**	**Garden Salad**
Baked Potatoes	**Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream**	**Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream**	**Served Daily with Cheddar Cheese and Sour Cream**	**Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream**	**Served Daily with Cheddar Cheese and Sour Cream**
Menu Breakdown:	**All Lunches are served with: Entrée, 2 Sides, Beverage and Dessert.**	**Dessert can be: Fruit, Cookie, Cake, Pudding, Yellow Cake or Brownie**	**A la Carte Items Include: Any Dessert Item. Fresh Fruit, Cheese Stick, Yogurt or Veggie Cup**	**Pricing Breakdown: PreK-1st - $4.90 2nd - 4th - $5.50 5th - 8th - $6.05**	**Payment Options: Credit cards (no AMEX), cash or check. Payments can be made in cafeteria or dropped off at front office.**
Beverages:	**100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water**	**100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water**	**100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water**	**100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water**	**100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water**
Ala Carte Items:	**JellO / Pudding Cup - $1 Yogurt Cup - $1 May be Substituted for Dessert Option.**	**Fresh Fruit: Strawberries, Grapes, Pineapple, Watermelon, Peaches, Cantaloupe - $1**	**Side Salad: Fresh Garden Salad Offered Daily - $1**	**Pasta Salad - Chef's Choice Veggie Medley - $1**	**Fruit or Salad Choices May be Substituted for Daily Vegetable Option.**
Dessert	**Yellow Cake**	**Sliced Peaches**	**Chocolate Brownies**	**Cookies**	**Ice Cream**

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.
Pre-K3 - K - $4.90 1st through 3rd Grades $5.50 and 4th through 8th Grades $6.05
This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietiitians for Healthcare, LLP