



Menu for the week of

9/11/2017

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9/15/2017

	9/11/2017 Monday	9/12/2017 Tuesday	9/13/2017 Wednesday	9/14/2017 Thursday	9/15/2017 Friday
Soup	Chicken & Dumpling	Ham & Bean Soup	Chicken Tortilla Saoup	Tomato Soup	Chciken Noodle
Chef's Entree	Baked Salmon w/ Steamed Rice	Taco Tuesday (Crispy Beef Tacos)	Chicken Fried Rice w/ Egg Roll	Chopped Steak	Pepperoni-CheesePizza Day served with Fresh Melon
Kids Pick	Grilled Hamburgers w/ Mac & Cheese	Chicken Nuggets w/ Potato Wedges	Flat Bread Bruschetta	Grilled Cheese w/ Baked Chips	Pasta w/ Marinara
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Italian Button Mushrooms	Side Salad	Steamed Asian Veggies	Peas & Carrots	Caesar Salad
Deli Sandwich	Wow Butter and Jelly	*****	Grilled Chicken Wrap	*****	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
Beverage Bar	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Chocolate Pudding	Flavored Gelatin	Peaches	Chocolate Brownie	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE