



Menu for the week of

9/18/2017

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9/22/2017

	9/18/2017 Monday	9/19/2017 Tuesday	9/20/2017 Wednesday	9/21/2017 Thursday	9/22/2017 Friday
Soup	Broccoli & Cheddar	Baked Poatato Soup	Chicken & Rice	Vegetable Beef Soup	Chicken Noodle
Chef's Entree	Cheese Lasagna w/ Garlic Breadstick	Taquito Tuesday w/ Spanish Rice	Brunch for Lunch	Pot Roast	Pepperoni-CheesePizza Day served with Fresh Melon
Kids Pick	Chicken Tenders	Chicken Quesadillas w/ Spanish Rice	Grilled Beef Hot Dogs	Cheese Ravioli w/ Garlic Breadstick	Alfredo Pasta
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Steamed Broccoli	Side Salad	Green Beans	Mashed Potatoes	Caesar Salad
Deli Sandwich	Chicken Ranch Wrap	*****	Wow Butter and Jelly	*****	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
Beverage Bar	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Chocolate Pudding	Flavored Gelatin	Peaches	Chocolate Brownie	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE