



Menu for the week of

10/9/2017

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10/13/2017

	10/9/2017 Monday	10/10/2017 Tuesday	10/11/2017 Wednesday	10/12/2017 Thursday	10/13/2017 Friday
Soup		Beef Stew	Chicken & Rice	Vegetable Beef Soup	Chicken Noodle
Chef's Entree	Holiday	Taco Tuesday (Baja Fish Tacos) w/ Cilantro Rice	Orange Chicken w/ Egg Roll & Steamed Rice	Beef and Cheese Enchiladas w/ Pinto Beans	Pepperoni-Cheese Pizza Day served with Fresh Melon
Kids Pick		Crispy Chicken Club w/ Baked Chips	Sloppy Joe w/ Potato Wedges	Chicken Tenders w/ Mac & Cheese	Pasta w/ Marinara
Kid Pick Sides		Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables		Sweet Peas	Edamame	Steamed Broccoli	Caesar Salad
Deli Sandwich		*****	Wow Butter and Jelly	*****	*****
Baked Potatoes		Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
Salad Bar		Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
Beverage Bar		100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water
Dessert		Flavored Gelatin	Cookies	Chocolate Brownie	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE