



# Menu for the week of

**10/23/2017**

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**10/27/2017**

	<b>10/23/2017 Monday</b>	<b>10/24/2017 Tuesday</b>	<b>10/25/2017 Wednesday</b>	<b>10/26/2017 Thursday</b>	<b>10/27/2017 Friday</b>
<b>Soup</b>	Baked Potato Soup	Beef Stew	Chicken & Rice	Vegetable Beef Soup	
<b>Chef's Entree</b>	Baked Salmon w/ Steamed Rice	Taco Tuesday (Crispy Beef Tacos)	Chicken Fried Rice w/ Egg Roll	Chopped Steak w/ Mashed Potatoes	Early Dismissal
<b>Kids Pick</b>	Grilled Hamburgers w/ Potato Wedges	Chicken Nuggets w/ Mac & Cheese	Flat Bread Bruschetta	Crispy Chicken Club w/ Baked Chips	
<b>Kid Pick Sides</b>	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	
<b>Fresh Vegetables</b>	Italian Button Mushrooms	Side Salad	Steamed Asian Veggies	Peas & Carrots	
<b>Deli Sandwich</b>	Wow Butter and Jelly	*****	Grilled Chicken Wrap	*****	
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	
<b>Salad Bar</b>	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	
<b>Beverage Bar</b>	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	
<b>Dessert</b>	Cookies	Flavored Gelatin	Peaches	Chocolate Brownie	

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**