



Menu for the week of

4/30/2018

-

5/4/2018

	4/30/2018 Monday	5/1/2018 Tuesday	5/2/2018 Wednesday	5/3/2018 Thursday	5/4/2018 Friday
Soup	Chicken Tortilla Soup	Baked Potato Soup	Gumbo	Homemade Texas Chili	Chicken Noodle
Chef's Entree	Parmesan Crusted Tilapia w/ Roasted Potatoes	Taco Tuesday (Beef or Chicken Fajitas) w/ Spanish Rice	Brunch for Lunch	Homemade Meatloaf w/ Mashed Potatoes	Pepperoni, Cheese Pizza Day Served with Fresh Fruit
Kids Pick	Crispy Chicken Club w/ Baked Chips	Grilled Chicken Quesadillas	Breaded Fish Nuggets w/ Tater Tots	Beef Hot Dogs w/ Mac & Cheese	Alfredo Pasta
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Broccoli Normandy	Side Salad	Sweet Corn	Steamed Veggie Medley	Caesar Salad
Deli Sandwich	Wow Butter & Jelly	*****	Grilled Chicken Wrap	*****	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese and Sour Cream
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
Beverage Bar	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Cookies	Flavored Gelatin	Sliced Peaches	Chocolate Brownie	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

