



# Menu for the week of

**12/11/2017**

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**12/15/2017**

	<b>12/11/2017 Monday</b>	<b>12/12/2017 Tuesday</b>	<b>12/13/2017 Wednesday</b>	<b>12/14/2017 Thursday</b>	<b>12/15/2017 Friday</b>
<b>Soup</b>	Chicken & Dumpling	Beef Stew	Homemade Chili	Gumbo	Chicken Noodle
<b>Chef's Entree</b>	<b>Pasta Bar: Penne or Fettuccine, Alfredo or Marinara - Breadsticks</b>	<b>Chicken Enchiladas w/ Tomatillo Sauce and Spanish Rice</b>	Brunch for Lunch	Pot Roast w/ Mashed Potatoes	Pepperoni-Cheese Pizza Day served with Fresh Melon
<b>Kids Pick</b>	<b>Crispy Chicken Club w/ Baked Chips</b>	Flat Bread Bruschetta	Beef Hot Dogs w/ Mac & Cheese	Chicken Nuggets w/ Tater Tots	Alfredo Pasta
<b>Kid Pick Sides</b>	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
<b>Fresh Vegetables</b>	Steamed Broccoli	Side Salad	<b>Sweet Peas</b>	<b>Steamed Carrots &amp; Onions</b>	Caesar Salad
<b>Deli Sandwich</b>	Wow Butter & Jelly	*****	Grilled Chicken Wrap	*****	*****
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Salad Bar</b>	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
<b>Beverage Bar</b>	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>	Cookies	Flavored Gelatin	Sliced Peaches	Apple Cobbler	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**