



Menu for the week

12/18/2017

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	12/18/2017 Monday	12/19/2017 Tuesday	12/20/2017 Wednesday
Soup	Chicken & Dumpling	Beef Stew	Homemade Chili
Chef's Entree	Grilled Chicken Strips w/ Lemon Herbed Pasta	Taco Tuesday w/ Spanish Rice	Christmas Feast: Turkey, Dressing, Green Bean Casserole etc.
Kids Pick	Grilled Hamburgers w/ Curly Fries	Chicken Tenders w/ Mac & Cheese	Honey Glazed Ham w/ Mashed Potatoes & Mustard Greens
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Steamed Broccoli	Peas & Carrots	Side Salad
Deli Sandwich	Turkey & Swiss Wrap	*****	BLT
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).
Beverage Bar	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
Dessert			

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a
 Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25
 This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP