



Menu for the week of

11/27/2017

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12/1/2017

	11/27/2017 Monday	11/28/2017 Tuesday	11/29/2017 Wednesday	11/30/2017 Thursday	12/1/2017 Friday
Soup					Chicken Noodle
Chef's Entree	Baked Salmon w/ Roasted Potatoes	Taco Tuesday (Beef or Chicken Fajitas) w/ Spanish Rice	Brunch for Lunch	Sweet & Sour Chicken w/ Egg Roll	Pepperoni-Cheese Pizza Day served with Fresh Melon
Kids Pick	Crispy Chicken Club w/ Baked Chips	Flat Bread Bruschetta	Chicken Nuggets w/ Tater Tots	Beef Hot Dogs w/ Mac & Cheese	Alfredo Pasta
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Broccoli Normandy	Side Salad	Sweet Corn	Edamame	Caesar Salad
Deli Sandwich	Wow Butter & Jelly	Turkey & Swiss Wrap	Grilled Chicken Wrap	BLT	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
Salad Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	No Salad Bar Today
Beverage Bar	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Juice, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Cookies	Yellow Cake	Peaches	Apple Cobbler	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE