



Menu for the week of

1/21/2019

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1/25/2019

	1/21/2019 Monday	1/22/2019 Tuesday	1/23/2019 Wednesday	1/24/2019 Thursday	1/25/2019 Friday
Soup		Chicken Tortilla Soup	Vegetable Beef	Homemade Chili	Chicken Noodle
Chef's Entree	Holiday	Beef and Cheese Enchiladas w/ Pinto Beans	Chicken Alfredo w/ Garlic Breadstick	Homemade Meatloaf w/ Mashed Potatoes	Pepperoni, Cheese Pizza Day Served with Fresh Fruit
Kids Pick	MLK Day	Corn Dog w/ Mac & Cheese	Philly Cheesesteak w/ Tater Tots	Ultimate Grilled Cheese w/ Tomato Soup & Baked Chips	Pasta Marinara
Kid Pick Sides		Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables		Steamed Carrots	Italian Button Mushrooms	Green Beans	Caesar Salad
Deli Sandwich		*****	Wow Butter & Jelly	*****	*****
Baked Potatoes		Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream
Salad Bar		Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	No Salad Bar Today
Beverage Bar		100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
Dessert		Chocolate Brownie	Yellow Cake	Jello	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.15 1st through 3rd Grades \$5.80 and 4th through 8th Grades \$6.40

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE